

Sleep And Settling Strategies For Your Baby

Learn from the Experts

The Northpark Private Mother and Baby Unit has been providing support and education to families experiencing sleep and settling issues with their infants, since 1995. We would like to inform you of a 2-hour education session on infant sleep and settling strategies.

Group facilitated by Maternal and Child Health Nurses or Midwives currently employed in our Mother Baby Unit, with more than 10 years experience.

Saturdays

For Babies 6 – 12 months of age
Registration at 9.15am
Group runs 9.30am – 11.30pm.

For Babies 0 – 6 months of age
Registration at 12.45
Group runs 1.00pm-3.00pm.

Venue: Northpark Private Hospital
Corner of Plenty and Greenhills Roads
Bundoora 3083

Cost: \$50.00 per family

For enquiries and bookings call the Intake Nurse at the Northpark Mother and Baby Unit on 9467 6022.



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