



Northpark

PRIVATE HOSPITAL

Cnr Plenty & Greenhills Roads
Bundoora Vic 3083
Phone: 03 9467 6022
Facsimile: 03 9467 7186
Website: www.northparkprivate.com.au

Patient Information

About Northpark Private Hospital

Northpark Private Hospital is a 110 bed hospital operated by Healthscope Ltd. At Northpark we offer modern technology and a wide range of specialised services including:

- Acute Surgical/Medical Ward
- Midwifery Unit
- Mother/Baby Unit
- Psychiatric Services
- Day Surgery Unit
- Two Operating Theatres
- Pre-admission and Discharge Planning Services
- Pathology
- Radiology
- Physiotherapy
- On-site Consulting Suites

Before You Arrive

- Please complete the Patient Registration Form attached and return it to Northpark Private Hospital **7 days** prior to admission.
- The Hospital will contact you to advise you of any additional expenses that you may incur and of any costs you will be required to pay on admission to the hospital.
- Settlement of accounts from your doctor, pharmacy or pathology that you receive as part of your admission, are not inclusive of hospital charges and will be billed separately.
- If there is any change in your physical condition, such as a cold or fever, please let your doctor know immediately as your procedure may have to be postponed.
- Please arrange for a responsible adult to accompany you home by car or taxi and to stay with you for 24 hours following your procedure. We strongly recommend you do not go home unaccompanied or in a taxi on your own.

What To Bring

- Health insurance details
- Pharmaceutical Entitlement/Medicare Card/ Pension Card/Veterans Affairs Card
- Workcare or TAC information
- Method of account payment either credit card, eftpos or cash. We do not accept personal cheques or company cheques.
- Relevant X-rays, scans
- Current medication
- Wear loose, comfortable clothing
- Reading material ie. Book or magazine

What Not To Bring

- Jewellery
- Valuables
- Large Sums of Money
- Electrical Equipment

When You Arrive

- Report to the Reception Desk located in the main reception of the hospital.

Accounts

- Hospital accounts must be settled on admission. If you have private health insurance the hospital will claim on your behalf, but you will need to pay any out of pocket expenses.
- If you do not have private health insurance, payment is to be made by credit card (Visa, Mastercard), cash or bank cheque (personal cheques will not be accepted).
- As noted earlier settlement of accounts from your doctor, pharmacy or pathology will be billed separately.

During Your Stay

Once you have been admitted, you will be collected by a staff member from reception and taken to your relevant unit.

Prior to Surgery

A nurse will take your blood pressure and gather information about your medical history, explain procedures, answer your questions and prepare you for surgery. The anaesthetist will visit you prior to surgery, following which there will be a waiting period before your procedure.

After Surgery

After a general or local anaesthetic for your procedure, you'll be taken to the Recovery Room. When you have recovered, you will be accompanied back to the Day Surgery Unit or Ward to rest comfortably until you're ready to go home. Depending on your operative procedure, your recovery period may last from one to four hours.

Light refreshments will be served.

The hospital will contact you the day before your admission to confirm your admission details.

Admission Date _____ Admission Time _____

Day Surgery

Day surgery is when the procedure is short and the patient is not required to stay in hospital overnight.

After a day procedure you may feel slightly drowsy for a short time after the procedure. A responsible adult should accompany you home by car or taxi. Day surgery staff will contact your carer to notify them of your discharge time from hospital.

For the next 24 hours a small amount of anaesthetic may continue to circulate in your body, therefore during this period you should NOT:

- Drive a vehicle
- Operate machinery
- Drink alcohol
- Take sedatives unless prescribed
- Sign any important legal documents

Prior to your leaving the hospital, we will give you aftercare instructions.

If you have any concerns after leaving the hospital, please contact the hospital or your doctor.

Some Do's and Don't's

To help us provide you with safe, efficient service, there are some things you need to do and some you must avoid.

If your procedure is to be performed before midday, you must not eat or drink after the preceding midnight.

If your procedure is to be performed after midday, you must not eat or drink after 8am that morning, unless otherwise advised by your doctor.

Please note, you should not smoke for at least 12 hours before arriving at the hospital.

Please do not wear make up, nail polish or contact lenses and leave all jewellery and valuables at home.

Take your usual morning medication at 6am, unless otherwise advised by your doctor.

For safety reasons, mobile phones cannot be operated in the hospital.

Do not go home to an empty house. If you live alone, arrange for someone to stay with you overnight.

It is important to arrive punctually for your appointment to allow time for preparation. If you think you will be late, please telephone the hospital.

Car Parking

Parking is available directly in front of the hospital. Parking fees are as follows:

0 – 1.5 hours	free
1.5 – 2.5 hour	\$5
2.5 hours plus	\$7
Maximum daily charge	\$7
Lost Ticket	\$7

Veterans Affairs patients have designated parking available close to the front entrance.

No responsibility will be accepted for cars stolen or damaged in the public car park. Please ensure no valuables are visible inside the car.

Public Transport

Buses and trams stop outside the hospital. Northpark is on Tram Line 86 and is Stop Number 68.

Visiting Hours

Family and friends are welcome to visit from the following times:

Maternity Unit:

3 - 5pm & 7 - 8pm - Closed between 1 - 3pm

Mother Baby Unit:

3 - 8pm - Closed between 1 - 3pm

West Ward: 2 - 8pm

East Ward: 4.30 - 8pm weekdays &
2.30 - 8pm weekends

If you have any further enquiries please contact the hospital on 9467 6022.

Northpark is located on the Corner of Plenty Road and Greenhills Road, Bundoora

Melways Map 9, K10

