

Rehabilitation



Rehabilitation Options

Rehabilitation programs are provided in inpatient, day-patient and outpatient settings to ensure that you have access to the most appropriate form of rehabilitation at each stage of your recovery. A rehab nurse assessor or a rehabilitation specialist will assess you prior to transfer from the acute hospital.

Our Comprehensive Team Includes:

- Rehabilitation Consultant
- Physiotherapist
- Dietician
- Speech Pathologist
- Psychologist (Neuro & Clinical)
- Occupational Therapist
- Exercise Physiologist
- Social Worker
- Pharmacist
- Rehabilitation Nurse

Making a Referral to

The Victorian Rehabilitation Centre

Referrals are accepted from Medical Specialists, General Practitioners, Allied Health Practitioners, Nursing Staff and Acute Hospitals. To make a referral to either Inpatients or Outpatients, call 03 9566 2777.

Funding Arrangements

We have agreements with;

- Most major health insurance funds
- Transport Accident Commission (TAC)
- Victorian WorkCover Authority (VWA)
- Department of Veterans' Affairs (DVA)
- Comcare

Recovering from an accident can be a frustrating and uncertain time. You may be experiencing a slow physical recovery, nightmares, memory or speech problems, or challenges at home or work. If so, we can help you to get back on track as Vic Rehab has more than 30 years experience in trauma recovery.

We will expertly manage your simple to most complex rehabilitation needs, our equipment and facilities are at the forefront of rehabilitation and technological practice.

Our facilities include:

- Hydrotherapy
- Gymnasium
- Sports Hall
- Independent Skills Centre
- New Physiotherapy and Treatment rooms
- Trades Workshops
- Cafeteria
- Visitor and disabled parking
- Interpreters

What is Rehabilitation?

Rehabilitation aims to restore independence after an operation, illness or injury. Through a structured program tailored to each patient, a multi-disciplinary team of practitioners will help you to get back to your best.

Rehabilitation Services

We offer the following inpatient and outpatient tailored rehabilitation programs:

- Multi-trauma (transport/work/sport)
- Acquired Brain Injury
- Orthopaedic Rehabilitation (e.g. hip/knee replacement, fractures, arthritic and spinal conditions)
- Neurological Rehabilitation (e.g. stroke, spinal, post-surgical, Parkinson's etc)
- Pain Management
- Work Focussed Rehabilitation
- Hydrotherapy
- Reconditioning Program (i.e. general rehabilitation or restorative care)
- Pulmonary (Respiratory) Rehabilitation
- Cardiac
- Falls & Balance

Feel the difference



Rehabilitation Referral

Call 9566 2777 for more information

Inpatient Day / Outpatient

Patient Name: _____ Sex: M / F

Address: _____

Postal Address (if different): _____

DOB: _____ Phone: _____

Mobile: _____

Private Health DVA TAC VWA Comcare

Membership / Claim Number: _____

Musculoskeletal:

Pain Management Work Focussed Conditioning

Hydrotherapy Ortho & Trauma Rehab

Neuromedical: Brain Injury & Neuro Rehab

Respiratory Falls & Balance Reconditioning

Diagnosis / Current Issues: _____

Referring Doctor / Health Professional Name: _____

Position: _____

Clinic / Hospital: _____

Phone: _____ Fax: _____

Signature: _____ Date: _____

Please bring this referral form with you, or your GP / Health Professional can fax it to 9566 2749. If referring from an acute facility, please provide additional information such as ambulance, surgical or relevant allied health report.

Parking

Car parking is available onsite and is free of charge.

Public Transport

Closest station is Glen Waverley.

The following buses run past the Centre:

No. 737 Croydon to Monash University

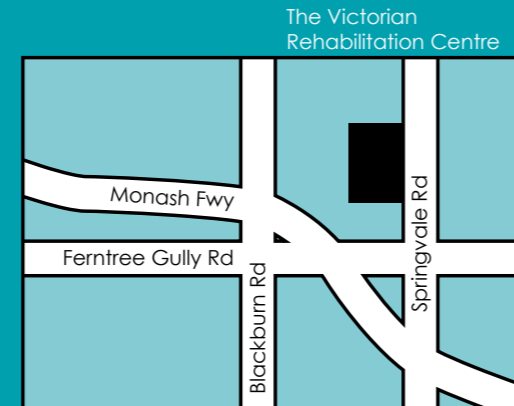
No. 742 Eastland to Chadstone

No. 850 Dandenong to Chelsea

No. 888 Chelsea to Nunawading
via Edithvale & Springvale

No. 889 Nunawading to Chelsea via Springvale

Melways Reference: Map 71 B7



The Victorian Rehabilitation Centre
For when accidents happen.



Motor vehicle accident

Multiple Fractures

Acquired Brain Injury

Work Accident

Chronic Pain

Loss of consciousness

Forgetful

Emotional (angry/teary)

Trauma

Return to Work Support

Sport Injury