

NORTHPARK PRIVATE HOSPITAL

Child Birth and Parenting Classes

****Please phone to book your antenatal classes as soon as possible.***

****Class size is limited therefore early booking is essential.***

****Check with your health fund to see whether or not they cover parenting classes.***

Long Series Class

4 x evening classes 7.00pm – 9.30pm

Classes cover stages of labour, pain relief, breastfeeding, parenting, and unexpected outcomes. These classes will begin at approximately 30 weeks gestation.

\$100.00 per couple.

Workshop Series Class

2 x Sunday morning classes 9.00am – 1.00pm

Classes cover stages of labour, pain relief, breastfeeding, parenting, and unexpected outcomes. These classes will begin at approximately 33/34 weeks gestation.

\$100.00 per couple.

****Please Note - this workshop series presents the same information as the long series.***

