

Day Surgery Unit



Our primary objective during your stay is to provide safe, high quality nursing care, based on strong commitment to excellent clinical practice, education, innovation and teamwork.
Specific Information about your treatment will be provided by your doctor.

Information for Patients

If you have any questions about your admission, please do not hesitate to contact the Day Surgery Unit on (03) 62143520 .

Fasting

Unless otherwise instructed by your Doctor, do not have anything to eat or drink from midnight if your surgery is in the morning, or from 7.00am if your surgery is in the afternoon. This includes sweets, chewing gum and water.

Medications

Patients should check with their anaesthetist before taking any medications on the day of your admission. Please bring all medications with you on admission.

Day of Admission

Please have a shower prior to coming to hospital. Remove any nail polish. Leave all jewellery at home. Bring health fund cards, Medicare card and concession cards with you, any Doctors letters or notes, and any relevant x-rays. Wear loose, comfortable clothing. Bring a magazine or book with you. On arrival at the Day Surgery Unit, you will be greeted by our receptionist who will confirm your admission details. A nurse will then discuss your medical history and explain what will happen during your stay in the Day Surgery Unit.

After Your Procedure

You will be closely monitored by nursing staff following your procedure. Once recovered you will be offered some light refreshments and prepared for your return home.

You are usually ready to go home two to four hours after you wake up. A nurse will provide written instructions and discuss these with both you and your carer prior to leaving the Day Surgery Unit.

If you have further concerns after your return home, please feel free to contact us on 6214 3520 or through the Department of Emergency.